

PARISH MINISTRIES & ORGANIZATIONS	MEETINGS
Altar Servers Jun Lastica	LEGION OF MARY
Bereavement & Loss.....Fe Arias	Mary Mother of the Redeemer
CWL Amee Inocencio	Tue: 10 am - 12 nn
Cenacle Prayer Group Elizabeth Tanase	Junior Praesidium
ChoirVic Festejo (5pm)	Sun: 10 am—12 nn
Chris Mok (9am)	PARISH RELIGIOUS EDUCATION PROGRAM (PREP)
Michael Goco (11am)	Tue: 6:30pm—7:45pm
Couples for ChristErick & Rhona Cadlaon	MARIAN MOVEMENT OF PRIEST CENACLE PRAYER GROUP
Development & Peace Evelyn Victoria	Thurs: 10 am—12nn
Extraordinary Ministers of the Eucharist.....Teresa Santos	RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA)
Interfaith Alliance Edward Wong	Thurs: 7pm—9 pm
Knights of ColumbusAddie Comilang	CATHOLIC WOMEN'S LEAGUE
Lectors Marlytel Decena	2nd Sat. of the month: 10am -12nn
Legion of MaryElizabeth Taboada	KNIGHTS OF COLUMBUS
Legion of Mary Junior.....Pat Diamzon	Executive: 3 rd Sat. of the month, 10am
Outreach MinistryDeacon Wilbur Victoria	General: 4 th Sat. of the month, 10am
P.R.E.P Teresa Santos	COUPLES FOR CHRIST
Project Advance Ed & Baby San Jose	3 rd Sat: 6 pm—10pm
Religious GoodsLinda Zamora	KIDS FOR CHRIST
R.C.I.A.Sam & Chic Mallare	1st Sat: 4pm -6pm
Sacristans & Ushers.....Marlytel Decena	YOUTH FOR CHRIST
Youth for ChristJavier San Pedro & Naomi Mallare	1st & 3rd Sat: 12nn—4pm

A STEWARDSHIP PRAYER by Jerry & Lois Locey

Dear Lord,
 Thank you for teaching me to be generous as You have been generous with me.
 Thank you for showing me that all I am and have are gifts from You and that these gifts from you, Lord, are meant to be shared.
 Show me the joys of generosity.
 Help me to understand that others, perhaps unknown to me, depend on me for help.
 Remind me that my world, my parish, needs 'Good Samaritans' to heal the wounds of our times.
 Make me a gift to others in Your name.
 Amen.



ST. MONICA PARISH
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PASTOR: **Rev. Mark Bautista**
 DEACON: **Wilbur Victoria**

PARISH OFFICE HOURS
 Monday – Friday
9:30 am – 1 pm / 1:30 pm – 4:30 pm

MASS SCHEDULES
 WEEKDAYS: **9:00 am**
 SATURDAYS: **9:00 am & 5:00 pm**
 SUNDAYS: **9:00 am, 11:00 am & 4:00 pm (YVR)**

CONFESSION SCHEDULES
 SATURDAYS: **9:45 am—10:30 am**
 20 minutes before Daily Mass

BAPTISM every Saturday @ 11am
WEDDING – Please call the Parish Office at least 6 months in advance.
FUNERAL, HOUSE BLESSING, SICK CALL
 Please call the Parish Office.

WEDNESDAY: **Perpetual Help Novena after 9am Mass**
 FRIDAY: **Holy Hour after 9am Mass**
 1st SATURDAY: **Rosary for Vocation after 9am Mass**

September 3, 2023
22nd Sunday in Ordinary Time

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Liturgy of the Word
Take up your cross, and follow me.

In the first reading, Jeremiah bemoans the suffering he endures because of his faithfulness to the word of the Lord. In the reading from Romans, we are urged to offer our bodies as a *living sacrifice* and be transformed. In the Gospel, Jesus urges his disciples to take up their cross and follow him.

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Today's Readings:
1st: Jeremiah 20.7-9
Psalm: 63
2nd: Romans 12.1-2
Gospel: Matthew 16.21-27

WHOEVER WISHES TO COME AFTER ME MUST DENY HIMSELF, TAKE UP HIS CROSS, AND FOLLOW ME.

Matthew 16:24



PREP and RCIA

Registration for **PREP** is on **Tuesday, Sep 5, 6:30pm**, in the hall. **RCIA** begins on **Thursday, Sep. 7, 7pm**. Please call the parish office for more information.

PROJECT ADVANCE 2023 – “Empowering our Parish Vision” is the theme for this year’s Appeal. Our Archdiocesan commitment is \$23,400. THANK YOU to all our pledgers. We need others who have yet to make a gift to respond to the appeal. The rebates will help to recover expenses for the repairs of the church/hall roof. Our parish total goal is \$75,000. Please see one of our Project Advance volunteers. God Bless YOU!

You may also make your pledge online at

[Project Advance 2023 – Support Catholic Vancouver \(rcav.org\)](https://rcav.org) anytime.

PROJECT ADVANCE as of 28 August 2023

Parish Goal: \$75,000.00 | Donations: \$19,805.00 (26%)

Participation: 40 of 374 families (11%)

Upper Room Conference 2023: Registration Now Open!

Proclaim’s Upper Room conference connects hundreds of Catholics in pursuit of transforming their parishes into missionary outposts. Be inspired by our roster of engaging speakers, make meaningful connections, and discover strategies and tools to equip yourself for mission!

Join us on Saturday, September 23, from 8:00 a.m. to 6:00 p.m. at Pacific Academy in Surrey. Cost is \$75, inclusive of food and two breakout sessions. Parking is free. To qualify for a \$10-discount, simply gather a group of 8 or more people and register together with a parish coupon code ‘**STMONICARICHMOND**’. Learn more and register at upperroomvancouver.com.

Monthly Pro-Life Mass and Prayer Vigil

One of the fundamental answers to abortion is prayer. Please join your voice with ours as we pray on the first Saturday of each month at a different parish for a new culture of life. The next Mass will be on September 2, 9:00 a.m., at St. Andrew Kim Parish in Surrey. To learn more, please visit beholdvancouver.org/events.

The Pope’s Prayer Intention for September

For People living on the margins: We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance.

A Stewardship Moment

“What profit would there be for one to gain the whole world and forfeit his life?”

-Matthew 16:26

St. Francis of Assisi said, “Remember, you are what you are in the eyes of God, and nothing else.” We often forget this stewardship wisdom when we spend all of our time, talent and treasure to gain more of the world’s riches. We need to set our priorities based on God’s values and not the values of the material world.

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Stewardship of Leisure Time: Refreshing Our Spirits

([catholicstewardship.com/July 2023 e-bulletin](https://catholicstewardship.com/July-2023-e-bulletin))

In a 2016 newspaper essay titled *In Defense of the Three-Week Vacation*, the writer makes the case for longer American respites from work. Jynne Dilling argues for trips that take us away from cell phone coverage and internet, and urges relaxation that includes reflective walks at dawn and time to get lost in a foreign habitat (New York Times, 9 June 2016). Many of us have neither the time nor the resources for long overseas sojourns, but all of us can resonate with the need to really “get away” from work or the daily grind or the constant demands of social media. Good stewardship of our bodies, minds and souls obliges us to get away on a regular basis (see Luke 5:16).

As Christian stewards, we aren’t just encouraged but obligated to consider how we approach our stewardship of leisure time. Stewards are aware of their need to be busy doing God’s work, but often forget that downtime is equally important to spiritual growth. Leisure time, whether it’s our evenings, our weekends, or our vacation, provides spiritual, physical, mental and emotional recharging. Leisure is necessary for human wholeness. *Leisure reconnects us to the wider mysteries of our world and our God. It helps us daydream, imagine, pray. It refreshes our spirit.*

Today, connectivity has become almost an obsession. People check their emails, their messages and calls with alarming repetitiveness. Accidents, both pedestrian and automobile, happen because people can’t put down their phones. Employers expect their workers to be available for evening emails. The lines between work and free time increasingly blur, as do the lines between solitude and always being present “online.” We can’t imagine putting aside screens for a two-week vacation. But we must give ourselves time to renew and recharge, not just two weeks of the year, but each day and each week.

Summer offers an opportunity to reconnect with the rhythms of God and nature. We need to take time off from screens and phones, and practice giving undivided attention to the things before us. When we pray, we commit time and silence. When we enjoy time with our friends and family, we practice being totally present. When we sit on the patio or at the beach, we give ourselves wholly to the wind or the waves. Be a good steward of your body, mind and soul. Don’t overschedule your time off. Listen to the quiet whisper of God encouraging you to relax.